

Junior Tuition Schedule  
@ Malvern (Harold Holt)

**ACADEMY**  
OF SWIMMING

**START THE JOURNEY**

**WITH A FREE 15 MINUTE TRIAL TODAY!**

**BOOK  
NOW**

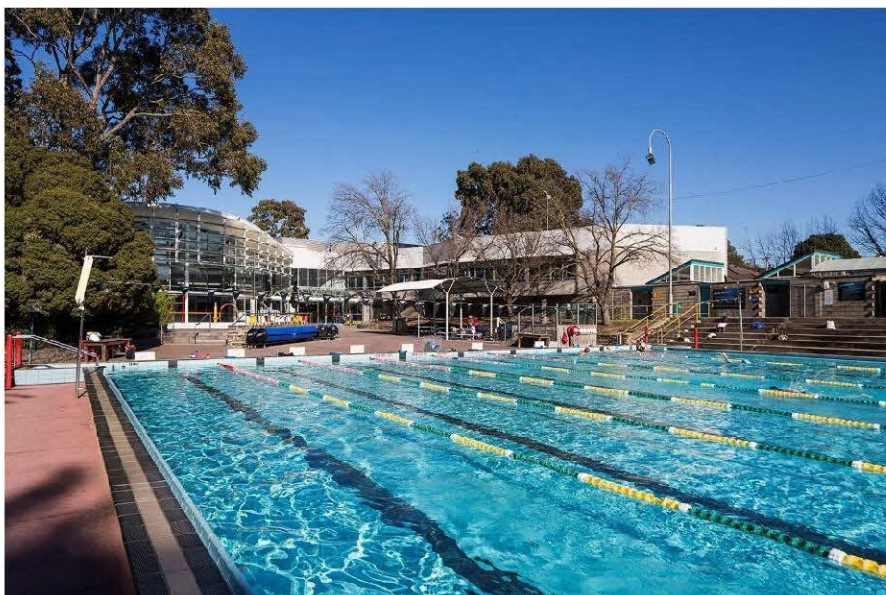
Come and see our program in action and chat about your child's needs.

## FEEL LIKE YOU BELONG!

We want you to feel like you are part of our family. Therefore, we have created a program to suit your child's needs and ensure a wonderful experience. So, come along for a free 15 minute trial which will provide you an opportunity to see our program, allow us to understand your needs, and place your child in the correct level.

- Step 1** – Simply print off a free 15 minute trial voucher from our website
- Step 2** – Contact your nearest Academy to arrange a suitable time for a trial
- Step 3** – Pack your child's togs and towel
- Step 4** – Please meet Rodney or Judy on pool deck

During the school holiday periods please simply contact us on 0402 853 430 to arrange a suitable time.





## WHAT MAKES US DIFFERENT

The Academy of Swimming is a leading provider of competitive & recreational squad training in Melbourne's south-east suburbs. Based at both the Harold Holt Swim Centre in Glen Iris and GESAC in East Bentleigh, the key difference of the Academy program is that it is a squad-specific program. Unlike our major competitors that have a learn-to-swim focus, our emphasis is purely on each swimmer's development once they have completed their learn-to-swim levels, with both competitive & non-competitive pathways.

As one of Victoria's leading squad training providers, our program caters for all ages & standards, from elite swimmers through to first time squad members. Since 2002, our competitive program has achieved significant success in normal pool racing, open water swimming, triathlons, surf lifesaving and waterpolo. In addition, our non-competitive program has also provided a recreational outlet for swimmers to refine their stroke technique and improve and maintain their fitness & healthy lifestyle, without the demands placed on competitive swimming.

Members in our swimming program are able to get involved in competitive swimming by joining our M1 Swimming Club. The M1 Swimming Club offers a series of competitions designed for swimmers just starting out in competitive swimming, in which the emphasis is on learning and self-improvement in a non-threatening environment. Swimmers are able to progress to interclub competitions and if satisfactory standards are achieved they can then move onto State and National levels of competition. In order to be able to compete in swim meets it is necessary to belong to Swimming Victoria, Swimming Australia and therefore affiliated with a swimming club.

Please feel free to contact us if you have any questions with regards to our programs.

Rodney Skudar  
**Head Coach - Academy of Swimming**

